

INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SCIENCE AND TECHNOLOGY

An Internationally Indexed Peer Reviewed & Refereed Journal



UGC ID - 47959

Impact Factor* : 8.1026

Ref:IRJMST/2025/A1023151

DOI : [HTTPS://DOI.ORG/10.32804/IRJMST](https://doi.org/10.32804/IRJMST)

ISSN – 2250 – 1959 (O) 2348 – 9367 (P)

THIS CERTIFIES THAT

DR. KUMARI SHALU

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

**EVALUATING THE EFFICACY OF COGNITIVE BEHAVIORAL THERAPY IN TREATING
GENERALIZED ANXIETY DISORDER: A META-ANALYTIC AND STATISTICAL REVIEW OF
RANDOMIZED CONTROLLED TRIALS**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 16 , Issue – 12 Dec , 2025



Editor in Chief



www.IRJMSST.com



Computer Science Directory

